



# Girls Group

Building a better future  
one girl at a time

*As of February 2026*

Girls Group empowers young women to achieve emotional and economic self-sufficiency by ensuring they graduate from high school and begin their college or career journeys.

- Programming spans middle school, high school, and continues through college and careers.
- Participants are mentored by experienced staff and interns.
- Year-round comprehensive programming focuses on academic readiness, social/emotional life skills, financial education, and community service.

## PROVIDES 6 CORE PROGRAMS

### SCHOOL-YEAR PROGRAM

Weekly group programs for middle school and high school students to promote building a college & career mindset. Programming includes safe space to explore identities, youth leadership, and focus on positive relationships with peers and mentors.

### SUMMER PROGRAM

Weekly group programs for middle school and high school students to support participants in combating summer brain-drain and transitions from one grade to another. Programming includes discussion groups, field trips, book club, adventure club, college tours, and summer camps.

### YEAR-ROUND ENRICHMENT

Monthly group programs and annual special events to inspire possibilities through new ideas, experiences, and connections with peers, mentors, and family. Programming includes family engagement workshops, Saturday workshops, spring break workshops, and celebration events.

### COLLEGE & CAREER PREP

Weekly group programs and one-on-one mentoring for high school juniors and seniors to promote college and career readiness. Programming includes college tours, career exploration, job readiness, college application support, financial planning, and scholarships.

### COLLEGE & EARLY CAREER SERVICES

Biweekly group programs and one-on-one mentoring for high school graduates to support their college and career journeys. Programming includes college and career advising, networking, peer mentoring, financial planning, scholarships, and planning for the future.

### ALUMNI SERVICES

Monthly communication with high school and college graduates established in their careers. Biannual reunions to reconnect, network, mentor, and celebrate accomplishments with other Girls Group Alumni.

## PROGRAM THEMES

### ACADEMIC READINESS



The beliefs, attitudes, and skills needed to meet academic requirements, self-advocate, and persevere to overcome obstacles.

### SOCIAL-EMOTIONAL READINESS



The beliefs, attitudes, and skills to manage emotions, develop healthy relationships, set positive goals, and pursue dreams.

### FINANCIAL EMPOWERMENT



The beliefs, attitudes, and skills to pursue employment, be empowered to take ownership of financial decisions, and achieve financial stability.

### COMMUNITY SERVICE LEARNING



Recognizing your greatness by engaging in quality community service learning that develops social awareness, builds character, and expands possibilities.

## WHO WE SERVE

### 1,300 YOUNG WOMEN IN THE ANN ARBOR-YPSILANTI AREA

465 Middle School Students



350 High School Students



225 High School Graduates on their college or career journey



260 Alumni established in their careers



## OUR GRADUATION SUCCESS

### SINCE WE FOUNDED IN 2003

538 High School Graduates & counting



134 College Degrees Earned & counting



## MENTORING SERVICES

Girls Group provides year-round comprehensive group and individual mentoring programs in schools and the community. The mentoring relationship helps young women discover who they are, cultivate abilities to shape their own lives, and learn how to engage with and contribute to the world around them. Girls Group's effectiveness is, in large part, due to long-term and supportive relationships, which often begin in middle school, and carry through into high school and college. All programs are planned, developed, and implemented by highly-trained, talented, and compassionate Girls Group Mentors. A mentor is an adult who can either be a staff member, intern, or volunteer. We believe that every mentor involved in Girls Group helps to shape our legacy.

*When you change the destiny of a young woman, you affect generations > Be a part of their success > [GirlsGroup.org](http://GirlsGroup.org)*



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