



# Girls Group

Building a better future  
one girl at a time

July 2021

Girls Group empowers young women to achieve emotional and economic self-sufficiency by ensuring they graduate from high school and begin their college or career journeys.

- Programming spans middle school, high school, and continues through college and careers.
- Participants are mentored by experienced staff and interns.
- Year-round comprehensive programming focuses on academic readiness, social/emotional life skills, financial education, and community service.

## BUILDING FOR THE FUTURE

Weekly program for young women in middle and high school including youth-led activities, safe space to explore identities, and focus on positive relationships with peers and mentors. Services include individual mentoring, in-school and after-school group sessions. Focuses are:

- Study skills
- Budgeting
- Healthy relationships
- Asking for help
- Being a lifelong learner
- Saving money
- Self care
- Community service

The pipeline of Girls Group programming feeds from one core program (Building for the Future) into the other programs. Participants in middle school and high school start in the Building for the Future program. From there, they can access Summer Enrichment programming and College & Career Prep programming. When Building for the Future participants graduate from high school, they enter the Women of Purpose program.



### PROGRAM THEMES



*Girls Group builds a community of support with mentors, peers, and schools.*

### PROGRAM SCOPE

Girls Group offers weekly in-school and after school programs at 20 sites in the Ann Arbor and Ypsilanti area:



### BUILDING FOR THE FUTURE PARTICIPANTS

Girls Group participants tend to be intelligent, enthusiastic, and goal-oriented. Participants are referred to Girls Group by teachers, counselors, principals, community members, family members and girls who are already in the group. Our Building for the Future program serves 300 middle school and 150 high school students in Ann Arbor and Ypsilanti.

**OUR GRADUATION  
SUCCESS SINCE 2003**

**240** High School  
Graduates & Counting



**46** College  
Graduates & Counting



*When you change the destiny of a young woman, you affect generations.*

*Be a part of their success.*

*www.GirlsGroup.org*